



**Institute of
Neuroscience**

An NIHR Newcastle BRC CAV Seminar hosted by Professor Avan Sayer
Great Gable, First Floor, Biomedical Research Building, CAV

***Lifestyle across the lifecourse:
opportunities for intervention to promote
healthy ageing?***



Professor Sian Robinson

MRC Lifecourse Epidemiology Unit

University of Southampton

Wednesday 11th April 2018 @ 12.30pm

Lunch available from 12pm

Professor Sian Robinson is an MRC Scientist and Professor of Nutritional Epidemiology who leads MRC and NIHR funded research on the role of nutrition and lifestyle across the lifecourse as determinants of inequalities in adult health and disease - with a particular interest on early life influences on growth and development, and subsequent effects on sarcopenia and ageing. Her current focus is on translating the findings into beneficial interventions for older people and she is lead for Lifestyle and Healthy Ageing at the NIHR Southampton Biomedical Research Centre.

Please RSVP to miriam.lowes@newcastle.ac.uk if you would like to attend the lunch.