15-MINUTE QUICKIE

A RESTORATIVE WALK AROUND LEAZES PARK

Just a few minutes from both the city centre and from student accommodation in Park View, Caslte Leazes and Wellington Street Plaza

Distance: 1.2km

Terrain: Tarmac paths, very flat

Facilities: Cafe, tennis courts, playground, sensory

garden, bandstand, picnicking spots



Route: A super quick and easy walk - start at the Leazes Park entrance on Richardson Road opposite the RVI Leazes Wing. Follow the tarmac path and turn right past a former bowling green on your left (now a picnic spot). Turn left at the play park and then turn right before you reach the lakeside. At a junction ahead, pass the giant rain drops on your right and continue straight ahead until the bandstand comes into view. See if you can spot the stone lion. Turn left by the bandstand and carry on through a tree-lined path until a junction appears to the left heading towards the lake. Follow this to the lakeside and continue anticlockwise around the lake until the Tower Cafe and pizzerria comes into view. Turn right here and keep arcing gently right until the sensory garden appears on your right. Follow the path back to the start.

